

SAN FERNANDO VALLEY INTERGROUP
COMPULSIVE EATERS ANONYMOUS-HOW
WORKSHOP



“SO, WHAT HAVE YOU GOT TO LOSE?”
WEIGHT, ANGER, SHAME, RESENTMENTS, SECRETS...
BY BEING ABSTINENT AND WORKING THE STEPS

“WHAT DO YOU HAVE TO GAIN?”
FREEDOM, SANITY, PEACE, SELF KNOWLEDGE & LOVE,
HIGHER POWER, HAPPINESS...
BY BEING ABSTINENT AND WORKING THE STEPS

PRACTICAL TIPS, PANELS, Q & A, SHARING, AND MORE

SATURDAY MAY 17, 2025, 1:30-3:00PM PDT

ZOOM ID: 853 7825 6364
PASSCODE: 679034

DONATIONS APPRECIATED | NO NEED TO SIGN UP!
ZELLE AND VENMO WILL BE POSTED IN THE CHAT

FOR INFO: SUE G 310.993.2060 OR LOIS 818.768.569